

**Faculty of Sports and  
Physical Education**



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Research Fields :  
Training of trainers in the field of sports and  
physical education.  
Influences of the physical effort on the human  
organism.  
History of sports and physical education.  
Leisure motion activities.  
Time-off motion activities.  
Role of physical exercise in shaping child  
personality  
Physical exercise means of prophylaxis and  
treatment.  
Theory of the field of study “sports and  
physical education”.  
Management in sports and physical education.  
Sports policies and strategies.  
Techniques and methods of basic sports.  
Movement aesthetics and body aesthetics.  
Adapted sports.  
Biomechanics of human motricity.  
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Logistics Resources:  
Anatomy laboratory  
Kinotherapy  
laboratory  
Computer science  
laboratory  
Body-building and  
fitness gymnasium  
Open air sporting  
base