Academic course description

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| Bachelor ‘S PROGRAMME**Pedagogy**1st YEAR OF STUDY, 2nd SEMESTER |

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| **Course title** | **Theories, methods and learning techniques** |
| Course code | - |
| Course type | full attendance/ tutorial |
| Course level | 1st cycle (bachelor’s degree) |
| Year of study, semester | 1st year of study, 2nd semester |
| Number of ECTS credits | 5 |
| Number of hours per week | 4 (2 lecture hours + 2 seminar hours) |
| Name of lecture holder | Lecturer, PhD, Butnaru Simona |
| Name of seminar holder | Assistant professor, PhD, Assante Gabriela Monica |
| Prerequisites | Advanced level of English |
| A | **General and course-specific competences** |
|  | **General competences**:* Designing educational programmes adapted for various groups
* Carrying out educational programs

**Course-specific competences**:* Development of educational programmes using concepts, theories, paradigms, pedagogical principles, and methodologies specific to pedagogical design
* Applying criteria, methods, and tools for evaluating the efficiency of the learning school activities
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| B | **Learning outcomes** |
|  | * Analyzing learning difficulties in terms of psycho-pedagogical assistance
* Demonstrate the ability to apply learning methods and techniques according to various age particularities
* To adapt learning methods according to specific contents
* Assess the effectiveness of learning methods and techniques in various contexts
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| C | **Lecture content** |
|  | * Effective learning - conceptual clarifications
* Elements of ergonomics and learning hygiene
* The relationship between theories, methods, and techniques for studying.
* The specificity of adult learning.
* Guidelines for academic writings.
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| D | **Recommended reading for lectures** |
|  | * Illeris, K. (Ed.). (2018). Contemporary theories of learning: learning theorists... in their own words. Routledge.
* Lair, S. (2011). Savoir maîtriser sa mémoire. Retz.
* Linksman, R. (2001). How to learn anything quickly. Barnes & Noble Books.
* Rowntree, D. (1987). Assessing students: How shall we know them?. Taylor & Francis.
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| E | **Seminar content** |
|  | * Ergonomics of learning environment
* Learning styles
* Memorizing techniques
* Strategies for developing critical thinking
* Strategies for developing meta-cognitive abilities
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| F | **Recommended reading for seminars** |
|  | * Corey, G. (2008). Theory and practice of Group Counseling,.Thomson Brooks Cole, Belmont, CA.
* Vorderman, C. (2016). Help your kids with study skills: a unique step-by-step visual guide. Dorling Kindersley Ltd.
* McPeck, J. E. (2016). Critical thinking and education. Routledge.
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| G | **Education style** |
| learning and teaching methods | Lecture, debate, exercising  |
| assessment methods | Assessment portfolio (30%)Final written exam (70%) |
| Language of instruction | English |