



European Campus
of City-Universities

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| GLADE - Literacy Lab | EC2U Virtual Institute for Good Health and Well-being (GLADE) - |
| Name of the module | SMART AGEING AND HEALTHY LIFE Summer School, first Edition. |
| Course title (L-lecture / W-workshop) | FUNCTIONAL ASSESSMENT OF THE ELDERLY |
| Course leader/Lecturer Academic title, first and last name Link to an updated CV (EN) | Lecturer PhD. Raluca Mihaela ONOSE Lecturer PhD. Paul LUCACI Teaching Assistant Alexandru CITEA |
| Language of instruction | English |
| Course description Maximum 100-120 words | The course “Functional assessment of the elderly” will help the social worker gain competences regarding the assessment of the elderly. The participants will learn how to make a simple postural assessment, how to evaluate the balance and gait of the geriatric patients and how to assess the general mobility and vascular issues. In the course they will learn how to use simple tests that will help the beneficiary. |
| Tackled concepts 5 to 7 of the topics covered / lecture content | Postural Assessment of the elderly Balance and gait assessment General mobility assessment Cardio-Vascular assessment Neurological assessment |
| Prerequisites | none |
| Learning methods / Instruction modes Lecture/workshop/practical application /field activity - interactive approach supported by academic articles, case studies, videos, class debates | Lecture and practical application, case studies |
| Assignments class participation, problem-solving sessions, practical application, case study, group discussions, group assignments/presentations, posters | Class participation, problem solving, sessions with practical applications |
| Evaluation | The participants will be evaluated at the final Social Impact Conference held at the end of the summer school. |
| Bibliography/Course material Recommended reading | Buckup, K. (2008) Clinical Tests for the Musculoskeletal System, Thieme, New York, USA. Jarvis, (2020). Physical Examination and Health Assessment, Elsevier, 8th Edition. Bonder, B.R. (2009). Functional Performance in Older Adults, Davis, USA. |

The above mentioned curricular activity is part of the EC2U - GLADE Virtual Institute - SMART AGEING AND HEALTHY LIFE Summer School, first Edition. In order for the participants to be able to sit the final evaluation test, they need a minimum of 70% presence at the curricular and extracurricular activities. A pass/fail grading

system is used in evaluating the participants, the decision on the awarding of the 3 ECTS credits being based on their active participation in classes and on their successfully passing the module final evaluation.