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# **Healthy Campus FSU Jena**

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FRIEDRICH-SCHILLER-UNIVERSITÄT JENA Studentisches Gesundheitsmanagement

# Healthy Campus Jena: The scope of health - on every level

- Healthy Campus: Students' survey ٠
- Healthy Campus: University staff survey ٠
- **Implementation of interventions and** ۰ offers to students & staff
- **Evaluation of interventions** •
- **Integration & Transfer** •
- $\rightarrow$  communication, participation, motivation

Relevance: legal requirements + hazards + health status

Culture of Health: "Healthy Campus" FSU Jena

Occupational Health Management (BGM) & Student Health Management (SGM)

Individuals: Students and Employees at FSU Jena

Goal: Integration of mental and physical health within all actions of Uni Jena (working, learning, teaching, researching) for ALL members (scientific, non-scientific staff AND students) into University Health Management (Healthy Campus)





Studentisches

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### Healthy Campus Jena: contents

#### **Two Questionnaires**

- After qualitative needs assessment
- Students
- Employees (academic and non-academic)
- approx. 600 items each
- adaptive
- Do include the mental health risk assessment → all organizational influences on mental health







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**JENA** 

# Outlook - what is yet to come: Relationship to GLADE

Offering the health management system, questionnaires/instruments, support in the analyses and deduction of interventions to all EC2U partner universities

Offering a **summer school in 2023** in Jena where we will present and combine the results from all partners and practice the interventions in cooperation with a public university health program.

Establishing long-term data analyses and publications from the studies among the partners

Furthering the **concept of integrating health-teaching** into other courses and providing support from students for students and thus connecting research and administration

Forming a common base among all partner universities to establish a new master branch to learn all skills required to **create a healthy campus and a healthy organisation**.







# We invite you to join in!

# We will have a online half-day conference for all groups interested on **23th June**

Please contact the EC2U Board or **ruediger.trimpop@uni-jena.de** 





Team Department of Industrial, Work and Organizational Psychology: Prof. Dr. Trimpop, Julia Hoppe, Lena Schmitz <u>ruediger.trimpop@uni-jena.de</u> <u>https://www.abopsych.uni-jena.de/</u>

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Occupational Health Management: Andreas Rod

Thank you! Please contact us for further questions and inquiries





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