



European Campus of City-Universities – EC2U

Work Package 4 – GLADE Virtual Institute Half Day Conference

Healthy Campus: Health, safety, and well-being for students and employees of the University Jena and all other EC2U universities

Thursday 23 June 2022, 1pm-5pm CET

Participate at the following link:

<https://uni-jena-de.zoom.us/j/62276510054>

Meeting-ID: 622 7651 0054

Kenncode: GLADE

The EC2U Jena team on WP4 Good Health and Well-Being offers an online half day conference on the Healthy Campus projects within the GLADE Virtual Institute on June 23rd, 2022 from 1pm to 5p. The objective of this conferences is to provide a space to strengthen the academic and professional links between researchers, teachers, and students from all EC2U universities to ensure close, successful work within the Healthy Campus project. It also offers the chance to develop and exchange questionnaires and other assessment methods between those interested. The Uni Jena offers free support for all partners.

All partners will present their experiences with and within all relevant university structures, the development of questionnaires for a Healthy Campus, the results of the student, academic staff, and administrative staff, as well as about future applications of the Healthy Campus Projects

Guiding questions for the Healthy Campus conference are:

1. What are the different concepts and demands of EC2U Partners to further a healthy campus?
2. Which are the most relevant factors regarding students' and university employees' health and safety, based on the questionnaire results?
3. What sort of interventions can improve health, safety, and well-being while studying or working?
4. How can a culture of health, safety, and well-being be established in universities?
5. How can the Jena team be of service to implement an adaption of a successful, sustainable Healthy Campus project within the partner universities?

We are looking forward to your participation – either as a presenter for your research or projects regarding health management, or as a participant to learn about different approaches regarding a Healthy Campus!





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GLADE Healthy Campus - Thursday 23 June 2022, 1pm-5pm CET

1 pm – 2:30pm	Introduction & Overview: Healthy Campus Structures at FSU Jena	
	Introduction: Presentation of GLADE VI and JMD LIFELINE	Leader WP4 Good Health and Well-Being (Prof. Soitu)
	Healthy Campus: Structures	Healthy Campus (Prof. Trimpop)
	University Health Management: Occupational Health Management	Occupational Health Management (Andreas Rod)
	University Health Management: Student Health Management	Student Health Management (Aleksandra Mincheva)
	Science, research-oriented teaching and competence center for interdisciplinary prevention	Department of Sports Medicine and Health Promotion (Prof. Gabriel, PD Puta)
	University sports and its role regarding health promotion on campus	Head of University sports (Dr. Altmann)



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2:30pm – 3:30pm	Presentation & discussion of all EC2U universities: round table	
	Healthy Campus Project at Alexandru Ioan Cuza University, Iași	Alexandru Ioan Cuza University, Iași (Prof. Soitu & Dr. Mairean)
3:30pm – 5pm	Presentation and discussion of empirical results at FSU Jena	
	Healthy Leadership	Prof. Trimpop, FSU Jena
	Employee health & well-being	Julia Hoppe, FSU Jena
	Student health & well-being	Lena Schmitz, FSU Jena