**VIRTUAL INSTITUTE FOR GOOD HEALTH AND WELL-BEING**

Gender & Ageing

**- GLADE HALF-DAY CONFERENCE –**

15 March 2022 (online)

<https://us02web.zoom.us/j/85368413416>

**AGENDA**

Please note:

All timetables are Central European Time (CET)

The conference will be held online.

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| 10:00 – 10:05 AM |  |
| Opening remarks:Prof. Antonella FORLINO (Vice rector, University of Pavia) |
| 10:05 – 10:20 AM |  |
| The context of the conference: GLADE Virtual Institute and the LIFELINE master programme Prof. Daniela ȘOITU, scientific coordinator of GLADE (University of Iași) |
| 10:20 – 10:45 AM |  |
| The role of menopause as a cardio-metabolic transition in womenProf. Rossella Nappi (University of Pavia) |
| 10:45 – 11:00 AM |  |
| Informal caregiving and mental health in FranceAssoc. prof. Diana CHEUNG (University of Poitiers) |
| 11:00 – 11:15 AM |  |
|  Nutraceuticals in cardiometabolic health promotion and disease prevention Prof. Giuseppe DEROSA (University of Pavia) |
| 11:15 – 11:45 AM |  |
| Open debate: GLADE's member's common interests on Gender and Ageing in the 7 EC2U universitiesModerator: Prof. Rossella Nappi (University of Pavia) |
| 11:45 – 11:55 AM |  |
| Invitation reminder to the 4th EC2U Forum (Pavia, 4-7 April, 2022):Giulia FALCHI (University of Pavia)Final remarks:Prof. Daniela ȘOITU (University of Iași) |