**VIRTUAL INSTITUTE FOR GOOD HEALTH AND WELL-BEING**

Well-being and Healthy Ageing

**- GLADE HALF-DAY CONFERENCE –**

31 March 2022 (online)

<https://uaic.webex.com/uaic/j.php?MTID=m8d0cadb81b000ba70095a48ad77161bd>

**AGENDA**

Please note:

All timetables are Central European Time (CET: Jena, Pavia, Poitiers, Salamanca)

(For Coimbra the conference starts at 8.00 a.m.

For Iasi and Turku: the conference starts at 10.00)

The conference will be held in a hybrid form.

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| 09:00 – 09:10 AM |  |
| Opening remarks:   * Prof. Iulian DAMIAN, Vicerector University of Iași, GLADE Policy Coordinator * Prof. Daniela ȘOITU, University of Iași, EC2U WP4 Leader, GLADE Scientific Coordinator | |
| 09:10 – 10:00 AM |  |
| GLADE - Healthy Campus   * Prof. Ruediger Trimpop (University of Jena)   Gratitude and Wellbeing in University Students   * Prof. Cornelia MĂIREAN (University of Iași) * Prof. Maria Nicoleta Turliuc (University of Iași) * Dr. Diana Arghire (University of Iași)   GLADE Service for a Healthy Campus management – Open Debate | |
| 10:00 – 11:20 AM |  |
| Well-being and Healthy Ageing   * Prof. Daniela ȘOITU (University of Iași)   Who gets injured at home? Evidence from older people in France   * Prof. Greivis BUITRAGO GAMEZ (University of Poitiers) * Prof. Liliane BONNAL (University of Poitiers) * Prof. Pascal FAVARD (University of Tours) * Prof. Cornel OROS (University of Poitiers)   Home Care: Formal Vs Informal and Personal Vs Domestic   * Prof. Liliane BONNAL (University of Poitiers) * Prof. Pascal FAVARD (University of Tours) * PhD stud. Thomas MAURICE (University of Poitiers)   Innovative perspectives of physical exercises in osteoporosis prophylaxis as a strategic component of active ageing concept   * Prof. Iulian Dumitru (University of Iași) * Prof. Beatrice ABALASEI (University of Iași) * Assoc. prof. Cristina MORARU (University of Iași)   Machine learning uncovers the 50 most important predictors of well-being in sample of 37992 Europeans aged 50+   * Prof. Germano VERA CRUZ (University of Picardie Jules Verne) * PhD stud. Thomas Maurice (University of Poitiers) | |
| 11:30 – 12:30 PM |  |
| Presentation of GLADE Virtual Institute and the LIFELINE master programme   * Prof. Daniela ȘOITU (University of Iași)   Erasmus mobilities for the students of the Lifeline master programme   * Mrs. Petronela SPIRIDON-URSU (University of Iași)   EC2U communication channels   * Ms. Ana-Maria OPRIA (University of Iași)   VIVID GLADE Virtual Institute - Open Debate | |
| 12:30 – 13:00 |  |
| Break | |
| 13:00 – 13:45 |  |
| Actions that can strengthen students' well-being (GLADE Workshop)   * Prof. Daniela MUNTELE (University of Iași) | |
| 13:45 – 14:00 |  |
| Final remarks:   * Prof. Daniela ȘOITU (University of Iași) | |