**VIRTUAL INSTITUTE FOR GOOD HEALTH AND WELL-BEING**

Well-being and Healthy Ageing

**- GLADE HALF-DAY CONFERENCE –**

31 March 2022 (online)

<https://uaic.webex.com/uaic/j.php?MTID=m8d0cadb81b000ba70095a48ad77161bd>

**AGENDA**

Please note:

All timetables are Central European Time (CET: Jena, Pavia, Poitiers, Salamanca)

(For Coimbra the conference starts at 8.00 a.m.

For Iasi and Turku: the conference starts at 10.00)

The conference will be held in a hybrid form.

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| 09:00 – 09:10 AM |  |
| Opening remarks:* Prof. Iulian DAMIAN, Vicerector University of Iași, GLADE Policy Coordinator
* Prof. Daniela ȘOITU, University of Iași, EC2U WP4 Leader, GLADE Scientific Coordinator
 |
| 09:10 – 10:00 AM |  |
| GLADE - Healthy Campus* Prof. Ruediger Trimpop (University of Jena)

Gratitude and Wellbeing in University Students* Prof. Cornelia MĂIREAN (University of Iași)
* Prof. Maria Nicoleta Turliuc (University of Iași)
* Dr. Diana Arghire (University of Iași)

GLADE Service for a Healthy Campus management – Open Debate |
| 10:00 – 11:20 AM |  |
| Well-being and Healthy Ageing* Prof. Daniela ȘOITU (University of Iași)

Who gets injured at home? Evidence from older people in France* Prof. Greivis BUITRAGO GAMEZ (University of Poitiers)
* Prof. Liliane BONNAL (University of Poitiers)
* Prof. Pascal FAVARD (University of Tours)
* Prof. Cornel OROS (University of Poitiers)

Home Care: Formal Vs Informal and Personal Vs Domestic* Prof. Liliane BONNAL (University of Poitiers)
* Prof. Pascal FAVARD (University of Tours)
* PhD stud. Thomas MAURICE (University of Poitiers)

Innovative perspectives of physical exercises in osteoporosis prophylaxis as a strategic component of active ageing concept* Prof. Iulian Dumitru (University of Iași)
* Prof. Beatrice ABALASEI (University of Iași)
* Assoc. prof. Cristina MORARU (University of Iași)

Machine learning uncovers the 50 most important predictors of well-being in sample of 37992 Europeans aged 50+* Prof. Germano VERA CRUZ (University of Picardie Jules Verne)
* PhD stud. Thomas Maurice (University of Poitiers)
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| 11:30 – 12:30 PM |  |
| Presentation of GLADE Virtual Institute and the LIFELINE master programme* Prof. Daniela ȘOITU (University of Iași)

Erasmus mobilities for the students of the Lifeline master programme * Mrs. Petronela SPIRIDON-URSU (University of Iași)

EC2U communication channels* Ms. Ana-Maria OPRIA (University of Iași)

VIVID GLADE Virtual Institute - Open Debate |
| 12:30 – 13:00  |  |
| Break |
| 13:00 – 13:45  |  |
| Actions that can strengthen students' well-being (GLADE Workshop)* Prof. Daniela MUNTELE (University of Iași)
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| 13:45 – 14:00  |  |
| Final remarks:* Prof. Daniela ȘOITU (University of Iași)
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