

TASTE OUR CITY LIFE...







Where to eat in IAŞI

During evenings and weekends, we propose to you a few accessible, non-posh eating places :



La Plăcinte

Typical Moldavian (Republic of Moldova – Chişinău) type of restaurant, a sort of fancy pizzeria, but without the pizza.



Bistro Copou

Budget & simple. Feeling of self-service



<u>Berăria Veche</u>

Typical Romanian & Eastern European grilled food, great beers, large terrace atmosphere.



Casa Vânătorului

Summer garden atmosphere, with a lot of grilled barbecue. For meat lovers. During weekend evenings people actually dance traditional music outside!



<u>Mamma Mia</u>

This is a non-stop food! (open 24h/7d). They also feature a daytime terrace in the park (100m away from it).



Food Court Palas Mall

Behind the Palace of Culture garden you will find a series of affordable fast-food restaurants on the first floor



<u>**Cuib** (Vegetarian)</u>

Very cozy place, with a nice daily menu including sustainable local ingredients.



Bindu (Vegetarian)

Wonderful vegan burgers (peas protein), daily soup, excellent coffee too.



Where to drink in IAŞI

Mostly after - dinners... (in geographical order, by walking from the Uni)



<u>Acaju</u>

Very trendy, smart people around, super friendly. Weekends concerts may occur.



<u>Bistro La noi</u>

Very cozy and friendly, locally made drinks, excellent quiches, and daily soups! They also have made-near-Iași wines like Gramma, Casa de Vinuri Cotnari, Bucium, Strunga, Averești etc.



Beer Zone

Best burgers in town, great pizza, weekends require booking in advance



<u>Piața La Cub area</u>

There are a great series of bars and pubs, which open late evening: LA BAZA (electronic & retro), TAVERNA (live Tuesdays, karaoke and dancing), CURTEA BERARILOR (traditional and sometimes "manele"), UNDERGROUND (sometimes concerts)



<u>Time Out</u>

Lounge music DJ and chill atmosphere



Palas Mall area

There are a few bars, a bit more expensive but fancy: THE TRUMPETS (local beer "Cearfisă"), LA FOLIE (coffee & soft drinks), TREAZU&NU (fancy more expensive trendy with lots of wines).



Lăpușneanu Street area

From BCU / University Central Library take the walking street through the two glass buildings. Plenty of beer choices and evening warm atmosphere with street performances: FOOM by NEMTEANA (specialized in steaks, ribs and local beer Nemteana), BEER ZONE (200 beers from all over the world, please try made-in-Iasi beers Crazy Pilot, Capra Noastră or Cearfisă). COŔSO (summer garden)



Speciality CAFÉS

Young places specialized in coffee brewing where you meet local creatives



<u>GIST</u>

Wonderful people, great atmosphere. Laptops welcome on the mezzanine floor. It is alive and busy all the way to midnight.



<u>FIKA</u>

Young vibe, many come here to work. View over the Union Square. Excellent cortado.



COPAC COFFEE

You will notice the old-style carriage with friendly barista Ștefan – a mountaineer and a nature lover. Affordable studentpriced coffee in the list.



NAVAR SPECIALTY COFFEE

International-roasted variety of prestigious coffees and of brewing techniques (espressobased, V60 hand-filter, Chemex, cold brew etc.) Small place (20 seats outside and 10 inside) but very cosy. The baristas are very friendly and knowledgeable about coffee. Closes at 20h.



THE PAPER CUP

Great coffee to go 3 minutes away from the Uni. Only 6 seats inside, no terrace.



HARMONY CAFÉ

Architectural interior, cosy place, between the Uni and the Park. The largest available space in the list. Great lattes and other milk-based drinke



<u>JASSYRO</u>

Family-owned business with 5-6 seating benches outside, mostly to-go coffee



Dance Floors

For those who want to feel the vibe or want to actively use their free time.



<u>LA BAZĂ</u>

Cool place for hipsters, who dance trip-hop or dream-pop, with a certain nostalgia for 1970s rock. Most Erasmus students will feel at home there <u>https://www.facebook.com/BarLaB</u> <u>aza/</u>



EL BARIN

Retro Party 80-90s music Saturdays at 21h. (support DJ may be required). <u>https://www.facebook.com/El-</u> <u>Barin-140156452661519</u>



UNDERGROUND PUB

Great stage for Romanian artists, with weekend concerts from 21-23h and DJ afterparties including new electronic subgenres such as Trap, Liquid Drum and Bass, Dubstep etc. <u>https://www.facebook.com/Under</u> groundIasi



TIKI BEACH / VILLAGE

Daytime this is a pool-over-the-lake perfect for sunbathing. Party available Fridays and Saturdays. <u>https://www.facebook.com/tikibeach</u> iasi



TAVERNA MUSIC PUB

The authentic basic dance atmosphere, with various dance hits that make unknown people dance together <u>https://www.facebook.com/Taver</u> <u>na.Iasi</u>



SKIN CLUB / RESTO BAR

Posh rooftop party near wonderful Palas Garden, every Fri and Sat, at 10am-05am. <u>https://www.facebook.com/Skin</u> RestoBar/



VINYL PUB

Offers cool student atmosphere, with various genres, including your own music suggestions. Board gamesFridays, Tuesdays student discounts, live music and retro parties

<u>https://www.facebook.com/vinylpu</u> <u>biasi</u>



LEGEND PUB

Irish pub feeling, with special guest DJs during weekends, Karaoke on Fridays, special events <u>https://www.facebook.com/Legend</u> Iasi

Top **10** things to do when **visiting**

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" <mark>traveller</mark> " style	vs. "live like a local" style
Discover unique stone embroidery at Three Hierarchs Monastery	1. Worship famous "Saint Parascheva" relics on Sunday morning service
Rent-a-car (please, pick a Dacia!) or enjoy cheap & safe taxi rides	2. Take the local narrow-gauge old tramway and observe beautiful local people
Drink a great espresso at Jassyro, ArtGeorgies or Cafeneaua Noastră	3. Drink home made "ibric" coffee (Turkish style) made by someone's mum
Do a walking tour with an attested guide by Rolandia or Travis Travel	4. Ride a bike to Repedea Hill to catch a panoramic view and sunset over Iași
Walk in Copou Park to find Eminescu's romantic Linden tree	5. Week-end relax or play in Expozitiei Park & Botanical Garden, barbecue at Ciric
Clubbing in Cafeneaua Piata Unirii, dance latino in El Barin, or Oxford Pub or feel special at Fratelli roof exclusive terrace	6. Dance folklore music in the summer garden at Vânătorul, 70s music at La Bază, dubstep in Underground or simply dance your ass off at live music "Taverna"
Relax in a indoor hotel spa at Unirea, Pleiada or International	7. Join a local center for gym or climbing like Vivertine, Zero Gravity or Oxygen
Explore great museums - Palace of Culture, Unirii, University, Pogor	8. Enjoy a drama play or opera at the National Theater, Ateneu or Teatru Fix
Enjoy a local crafted beer Capra Noastră or Nemțeana at Beerzone	9. Drink Ciuc beer and play boardgames with local students at Acaju, Cuib or Retro
Eat Moldavian "sarmale", "tochitura" or "papanași" in a traditional restaurant like Bolta Rece, La Conac, Hanu Dacilor, Cârciuma Veche	10. Never miss a day without a different type of Moldavian "ciorba", eat "pârjoale" meatballs, "cozonac" or "poale-n brâu" pies, and "boeuf" salad at local's homes